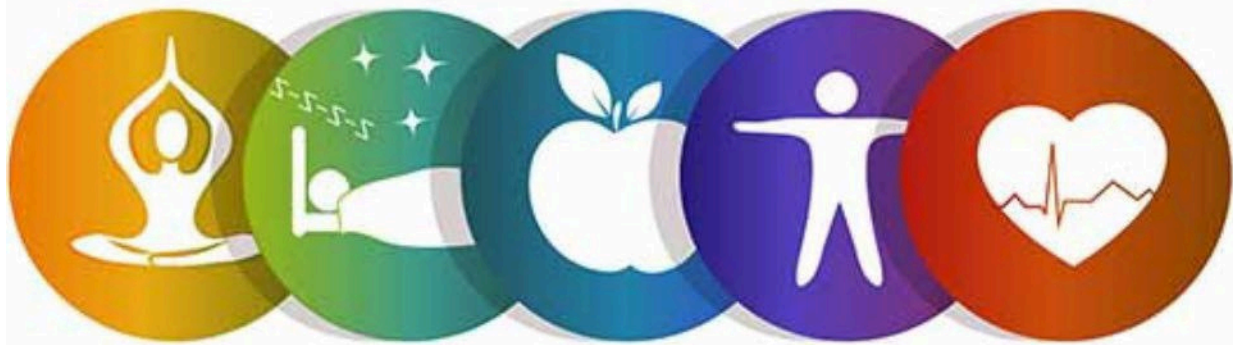




Clonard College
Health PE PATHWAYS GUIDE
2022 into 2023



Summary of courses offered for 2023

Course	Compulsory or elective	Offered for selection from Years
Year 7 Core Health/PE	2 x Semester compulsory	Year 7
Year 8 Core Health/PE	2 x Semester compulsory, but students elect either: Net Wall Games, or Invasion games	Year 8
Year 9 Core Health/PE	1x Semester compulsory	Year 9 elective options: <ul style="list-style-type: none"> • Intro to Outdoor Ed • Fit for Action • Body at Work (students who elect this option may be able to take VCE PE Theory in Year 10) • VCE Outdoor Ed (by application)
Year 10 Core Health/PE	1 x Semester compulsory	<ul style="list-style-type: none"> • Body at Work • Yr 10 Outdoor Ed • Fit for Action • VCE Outdoor Ed • Child Development • Global Health and Health Promotion • Advanced Body at work
VCE options		
VCE PE Theory Units 1 - 2	Elective for the year	Year 10 (by application only) and 11

VCE PE Theory Units 3 - 4	Elective for the year	Year 11 (accelerated from Year 10) and Year 12
VCE Health and Human Development Units 1 - 2	Elective for the year	Year 10 (by application only) and 11
VCE Health and Human Development Units 3 - 4	Elective for the year	Year 11 (accelerated from Year 10) and Year 12
VCE Outdoor and Environmental Education Units 1 - 2	Elective for the year	Year 9 and 10 (by application only) and 11
VCE Outdoor and Environmental Education Units 3 - 4	Elective for the year	Year 10 (accelerated from Year 9, Year 11 accelerated from year 10) and Year 12

Suggested Pathways into VCE Health and PE

Year 8	Year 9	Year 10	VCE
Year 8 Core Health PE	Year 9 Core Health/PE AND elective choices <ul style="list-style-type: none"> • Body at Work • Intro to Outdoor Ed • Fit for Action 	Year 10 Core Health/PE AND elective choices <ul style="list-style-type: none"> • Body at Work • Advanced Body at work • Global Health and Health Promotion • Child development • Fit for Action • Outdoor Ed 	VCE Health/PE <ul style="list-style-type: none"> • PE Theory • Health and Human Development • Outdoor and Enviro studies
Accelerated pathway	OR by application Year 10 Health/PE electives <ul style="list-style-type: none"> • Body at Work • Global Health and Health Promotion • Sports Coaching • Fit for Action And VCE studies <ul style="list-style-type: none"> • Outdoor Ed and Enviro Studies 	OR by application VCE Units 1/2: <ul style="list-style-type: none"> • PE Theory • Health and Human Development • Outdoor and Enviro Studies 	VCE Units 3/4: <ul style="list-style-type: none"> • PE Theory • Health and Human Development • Outdoor and Enviro Studies

* Please note – students wishing to take Health/PE subjects in VCE are recommended to take the Year 9/10 courses designed to prepare students for the VCE subject – specifically:

Year 9/10 course	VCE study
Body at Work and Advanced Body at Work Fit 4 Action	PE Theory
Global Health and Health Promotion	Health and Human Development
Introduction to Outdoor Ed	Outdoor Ed and Environmental Studies
Child Development	Health and Human Development

VCE units for Year 9/10 students

If you have excellent Health/PE results and have demonstrated to staff that you have good study and organisational skills you may be considered for advancement in Year 9 (Outdoor and Enviro Studies) or 10 into a VCE Unit 1 and 2 course. Approval to study a VCE course as a Year 10 student is based on staff recommendations / student applications as well as availability of places in a Year 11 class (Year 11 students will get preference over Year 10 students). Studying a VCE course will provide you with a valuable head start in your VCE studies. It will also help you make the transition from junior school courses into Year 11 courses easier.

Additional information on VCE Health/PE courses and course descriptions can be obtained from your Health/PE teachers and www.vcaa.edu.au

Further advice on VCE Health/PE complementary and supporting subjects

The following subjects are often taken together as their content and skill support each other and they are common prerequisites and combinations for tertiary studies

- Health/PE and Health and Human Development
- Outdoor Education and Environmental Studies and Environmental Science
- PE Theory and Biology

Guide to choosing your Health/PE electives

- Research possible careers that you might consider following and look up the course requirements as well as what subjects you will be doing when training for this career. Consider what Health/PE topics that you have enjoyed and think about whether any of the junior school electives would allow you to follow your interest
- Keep yourself challenged, do not pick an elective because it sounds easier than another. Your Health/PE teacher is the best person to ask about whether she/he thinks if you can handle the concepts associated with a particular elective
- Keep your Health/PE education as broad as possible. It is important to keep your options open to as many different careers as possible for as long as possible

Clonard Health/PE experts

The following Clonard teachers are always available to assist you in your planning and decision-making:

- Ms Meg Poirier – HPE Learning Leader, VCE HHD, Yr 10 Health Electives, Yr 7-10 HPE
- Mr Hugh Saunders – VCE PE
- Mrs Sarah Fish – VCE PE
- Ms Sarah Rothwell – VCE HHD
- Mr Jason Grozdanovski – VCE PE, Yr 10 PE Electives – Body at Work/Advanced Body at Work
- Mr Michael Tong – Outdoor Ed, Yr 9/10 PE Electives, Yr 7-10 HPE
- Mrs Carolyn Houlihan – Yr 10 Health Electives – Child Development
- Ms Danielle Higgins – Yr 10 Elective – Global Health
- Ms Shelby Hackett – Outdoor Ed, Yr 7-10 HPE, Interschool Sport
- Miss Meagan Canaway – Yr 7-10 HPE
- Mrs Carmel Brown – Yr 7-8 HPE
- Ms Kristin Dalton – Yr 9 HPE
- Mr Ryan Healy – Yr 7-10 HPE, Yr 9 & 10 Elective - Fit 4 Action
- Mr Andrew Damon – Yr 7-10 HPE, Yr 10 Elective – Body at Work

Health/PE Unit Overviews

For detailed descriptors of Health/PE Units please see the TRUE NORTH website available via PAM or on the website.

Usual training requirements

- LEVEL 1** Usually has a skill level equal to the completion of Year 10, the Senior Secondary Certificate of Education, Certificate I or Certificate II qualification. Australian Apprenticeships may be offered at this level.
- LEVEL 2** Usually has a skill level equal to a Certificate III or IV or at least three years relevant experience. Australian Apprenticeships may be offered at this level.
- LEVEL 3** Usually requires a level of skill equal to a Diploma or Advanced Diploma. Study is often undertaken through TAFEs or Registered Training Organisations. Some universities offer studies at this level.

LEVEL 4 Usually requires the completion of a Bachelor Degree or higher qualification. Study is often undertaken at university.

This chart shows a selection of jobs that have some relation to the subject of **HEALTH**.

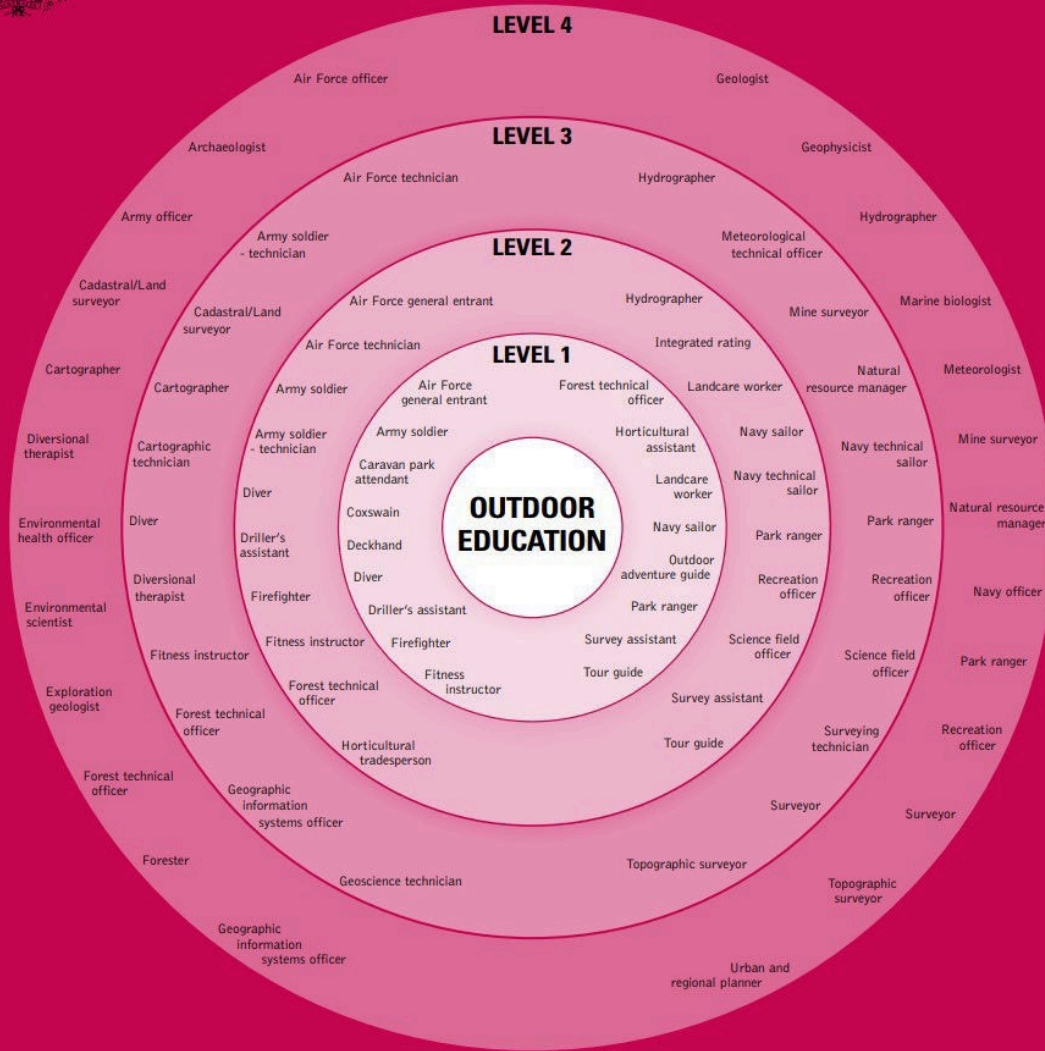
The four education and training levels are to be used as a guide only. These levels indicate the most common education and/or entry requirements for these jobs.

For further information visit www.jobguide.education.gov.au and www.myfuture.edu.au





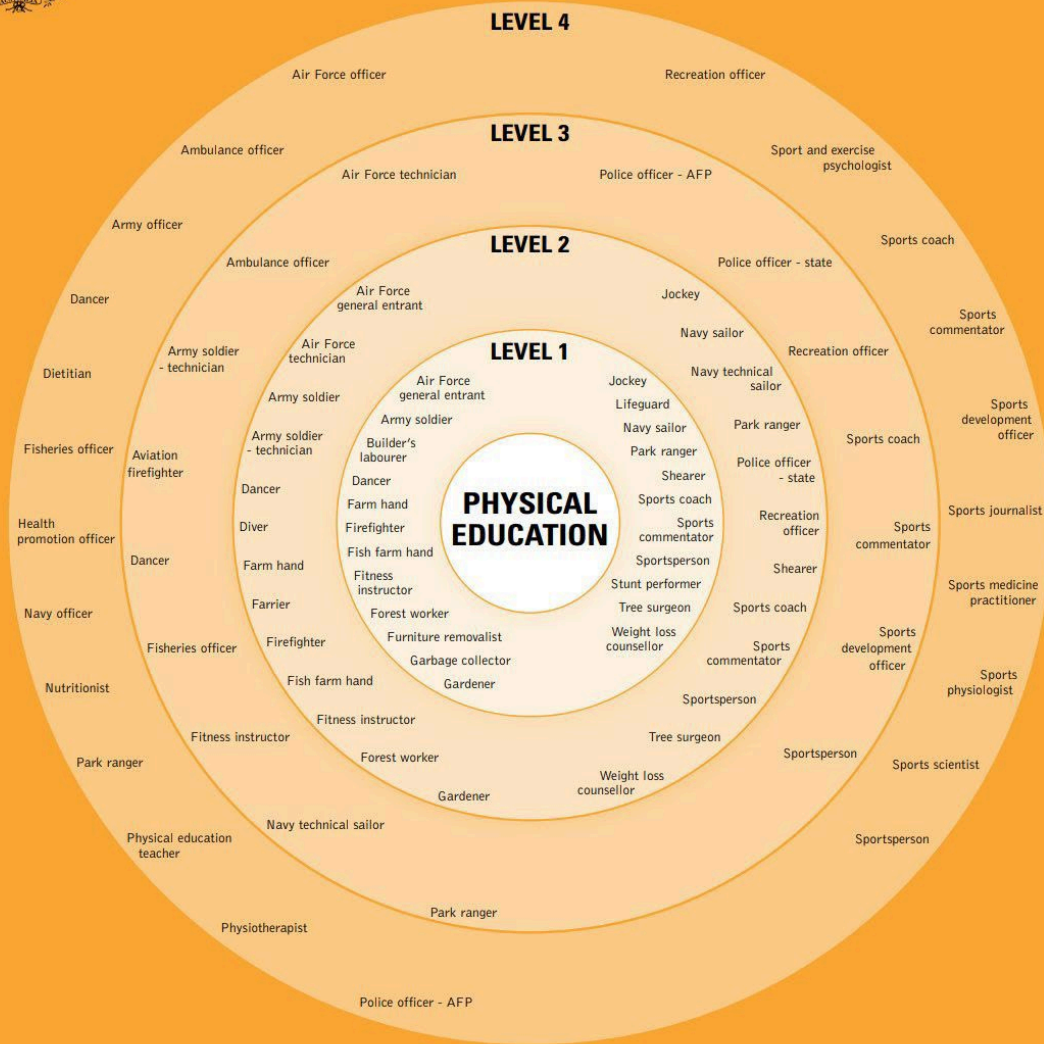
Australian Government



**Do you enjoy or are you good at
OUTDOOR EDUCATION?
Have you considered the occupations above?**



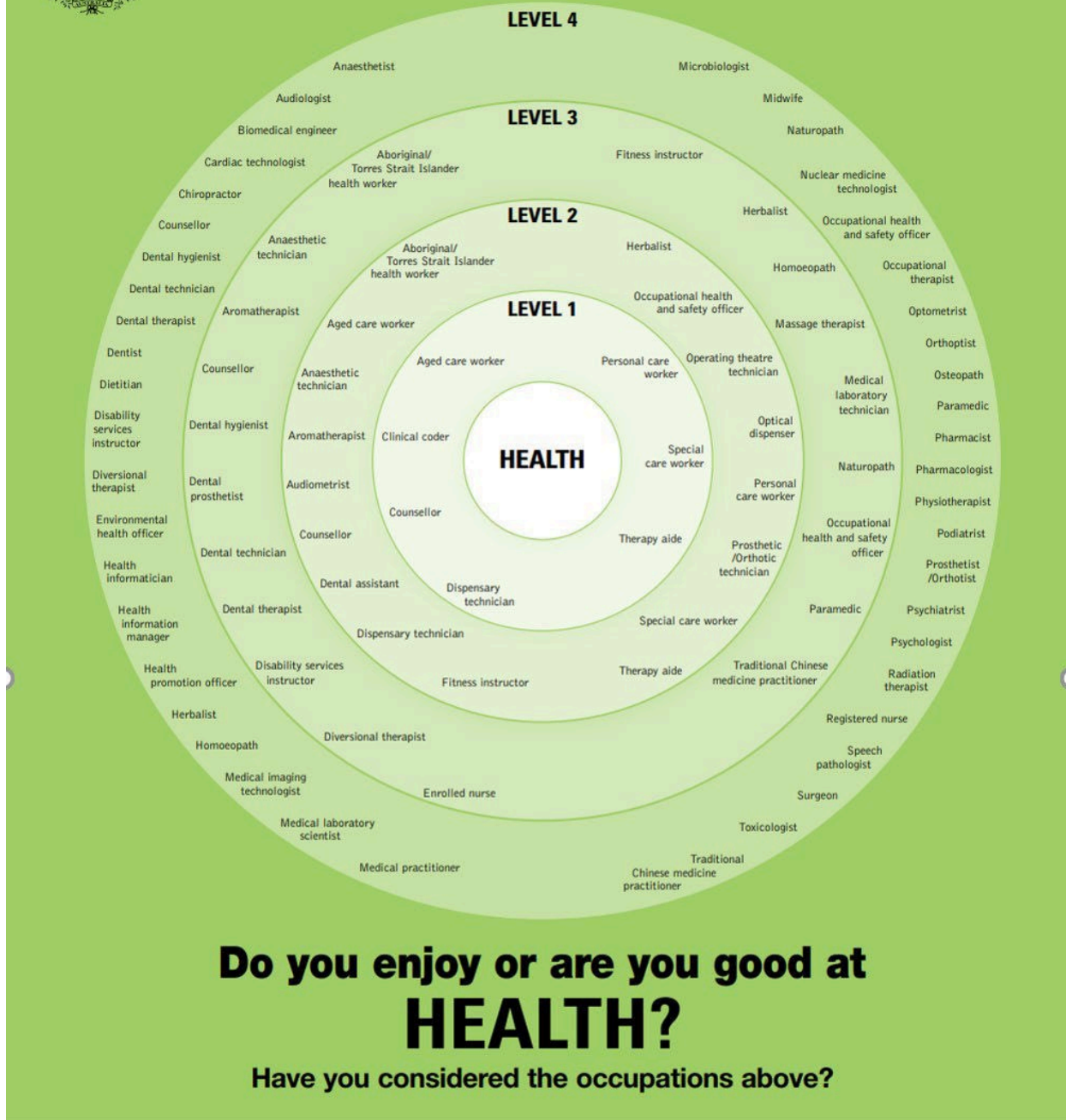
Australian Government



**Do you enjoy or are you good at
PHYSICAL EDUCATION?
Have you considered the occupations above?**



Australian Government



**Do you enjoy or are you good at
HEALTH?**

Have you considered the occupations above?